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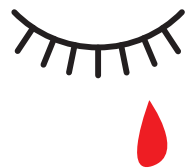
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SAKKOU AK FITNEU BOU WÉKKOU SI SEUYY AK GENRE (SGBV)

SEXUAL AND GENDER BASED VIOLENCE



Loolou mooy lann?



Bou djiguèn wala borom ñiary tourr-yi di dounnd diaay doolè, sakkou ci doolè, siif, door ak wakh bou ñiaaw, guèrr, touuteul, diongual djiguèn, takkou forse, deupp ndiour ak yènèèn, ndool, toumrankè, Niakk ndimbeul, fadjou ak djang...

Yi yeupp ay khèetou fitneu ak diaay doolè bou wèkkou si genre leu.

Mbirr yii dinneu souukheul seu yaram, seu yeug-yeug ak seu khèll.

Moom seu bopp ak seu yaram si wallou seuyy yèllèefou doomou Adama leu.

Fitneu ak sakkou yii ñiou limm bayyiwoul sakh goor-yi ak touut - tankk yi.



Loutakh ngua wara sakkou ndimbeul?



Fitneu yii dayy nassakhal seu yaram, seu khèll, seu wèergui yaram beu meunnla doff-loo.

Dineu inddi tammit nèkkadi ak raggual foo tollou. Loolou moo takh dafa am solo ngeu leukkeulo ak ay nitt walla keurr youlla meuneu indil ndimbeul, diappalè ak takhawou si yii diaffè-diaffè.

Mbirr you ñiaaw yii toogn-leu.

Booy doundeu yii diaay dollè, amneu ay keur akki nitt youlleu meunneu diappalè ak dileu aar.

Djokkol ak ñiou kharagn, ci sèen biir amna ay fadjkat doktor, ak ñiou leu meunneu dallal si diamm walla ngua dèmm si keurrou SGBV yi.

Loofeu meunneu wakhh douffa guènneu. Ñioom sèen dieuffleuntè ak yow si soutoura leu teunnkou.

Bou lèen amm lou nguèn di raggual!



What is it?

When a woman, an LGBTI+ person experiences, violence, threats, sexual abuse, including rape, physical and verbal aggression, economic abuse, coercion, humiliation, female genital mutilation, forced marriage, forced sterilization among others.

Denial of economic resources, livelihoods, opportunities or access to social and health services and education are also forms of SGBV.

Sexual and gender based violence is any act committed against a person's will and can be **physical, emotional, psychological or sexual in nature**.

Sexual right and bodily autonomy are human rights.

Sexual violence affects also men and boys.

Why should you seek support?

Sexual and gender based violence can have physical and psychological effects on your health and cause psychological disorders, discomfort and fear. This is why it is important to address services that can provide care, support, protection and help for these problems.

Sexual and gender based violence is a crime, if you are experiencing abuse, there are services and people that can support you and help protect you.

Talk to professionals, including medical doctors, nurses among others and reception facility operators or SGBV center operators.

All that you say will remain confidential. Confidentiality is a principle that all people working in services must always respect.

You don't have to be afraid.

